Veg Network

Apple, Cherry and Walnut Crumble

A healthy, delicious dessert filled with fruit and flavour!

Ingredients

Method

- 2 cups wholemeal plain flour
- 2 cups rolled oats
- 1 cup brown sugar
- 1 cup of walnuts, chopped
- 1 cup of olive oil
- 1 cup sultanas or raisins
- 1 teaspoon ground cinnamon
- 1 teaspoon vanilla sugar
- 1 large 820 gram (1 lb & 12.2 oz) tin of pie apples
- 2 x 425 gram (15 oz) tins of black cherries, drained

- 1. Preheat oven to 160 degrees Celsius (320 degrees Fahrenheit).
- 2. Combine oats, flour, cinnamon and brown sugar. Add olive oil; mix thoroughly.
- 3. Line a large 24 x 20 cm (9.5 x 7.9 inches) baking dish with pie apples, then spread out the cherries over the apples.
- 4. Add walnuts, then sultanas on top. Spread out oat and flour mixture to cover the fruit.
- 5. Sprinkle vanilla sugar over the crumble topping.
- 6. Bake at 160 degrees Celsius (320 degrees Fahrenheit) for 35 minutes or until cooked.
- 7. Serve with soy ice cream, or non-dairy custard.

